

# WEEKLY PLANNER

Week beginning \_\_\_/\_\_\_/\_\_\_



LIMAVADY  
GRAMMAR SCHOOL

TIME	MON	TUE	WED	THUR	FRI	TIME	SAT	SUN
4pm - 4:45pm						9am - 9:45am		
<b>BREAK</b>						<b>BREAK</b>		
5pm - 5:45pm						10am - 10:45am		
<b>BREAK</b>						<b>BREAK</b>		
6pm - 6:45pm						11am - 11:45am		
<b>BREAK</b>						<b>BREAK</b>		
7pm - 7:45pm						12am - 12:45am		
<b>BREAK</b>						<b>BREAK</b>		
8pm - 8:45pm						1pm - 1:45pm		
<b>BREAK</b>						<b>BREAK</b>		
9pm - 9:45pm						2pm - 2:45pm		
<b>BREAK</b>						<b>BREAK</b>		
<b>STUDY PRIORITIES</b>			<b>PERSONAL PRIORITIES</b>			3pm - 3:45pm		
1.			1.			<b>BREAK</b>		
2.			2.			4pm - 4:45pm		
3.			3.			<b>BREAK</b>		
4.			4.			5pm - 5:45pm		
						<b>BREAK</b>		
						6pm - 6:45pm		
						<b>BREAK</b>		
						7pm - 7:45pm		
						<b>BREAK</b>		
						8pm - 8:45pm		

It is very important to take breaks and time to relax. This will give your brain time to recharge and consolidate information. You do not need to fill all of these slots